

December 2023

Dear Tai Chi students, Tai Chi practitioners, and Tai Chi friends --

I need to make some announcements concerning future events in the coming New Year.

First, I would like to wish you all and those close to you a great Holiday Season, lots of Happiness and Joy, and lots of LOVE and connection.

Due to some important factors coming together with a unique timing, I am not able to offer the West Coast Tai Chi Camp this year. I am still in the process of absorbing this reality. I've been teaching Tai Chi Camps for more than twenty years. So, at some level, this is an important loss for my students, an important loss in teaching, and an important loss for my own practice and development. It is also a loss in our social Tai Chi space, impacting the cultivated internal strength that lends itself to a unique quality of emotional resilience, which in turn develops flexibility and adaptability in friendship.

I hope to share some Tai Chi work and/or training together in the future. Future camps or workshops will be announced on the Workshops page of the Tai Chi Berkeley website, and via e-mail to those on my mailing list.

I will miss you all, and plan to connect with you in the future.

Once again, Happy Holidays,

Lenzie

[Workshops page: <https://www.taichiberkeley.com/workshops/>]